

'Jyoti Sadan', Ground Floor, Next to Hotel Intercontinental, Corner of 'A' Rd. Marine Drive, Mumbai - 400 020 Tel: 2288 6655 / 2204 6644 Website: www.bodyart.in

Date : \_\_\_\_\_

MEDICAL CLEARANCE	
Dear Doctor,	
Your Patient	
wishes to join my Fitness Cen	
**	ommendations or restrictions
that are appropriate for him/he	cr.
If your patient is taking his / her heart rate response to nature of this effect.	any medication that will affect o exercise, please indicate the
Thanking you,	Yours faithfully,
	Nawaz Modi
has my approval to exercise i with the attached recomi	•
Date :	Signature with Stamp